

# Brighton NHS Trust introduces new trans-friendly terms

🕒 10 February



The trust says it is not "excluding the language of women or motherhood"

An NHS trust is to use "gender inclusive language" for its maternity services, including terms such as "chestfeeding" and "birthing parent".

Brighton and Sussex University Hospitals Trust is thought to be first in the UK to adopt the language in its internal communications and meetings.

pregnancy, birth and feeding.

But a campaigner said it was trying to control the language of others .

- Transgender man loses legal bid to be named father
- JK Rowling: Harry Potter fan sites reject author's trans comments

The language changes would not apply when caring for individuals in a one-on-one setting, the trust said.

Language and documentation should reflect the gender identity of the individual" in these circumstances, it added.

of trans and non-binary birthing people without excluding the language of women or motherhood."

**Brighton and Sussex Maternity** @BSUH\_maternity · Feb 8, 2021

Today we are launching the UK's first clinical and language guidelines supporting trans and non-binary birthing people.

Follow us as we post throughout the week.

Find out more on our webpage  
[bit.ly/3q3lgoq](https://bit.ly/3q3lgoq)

#transpregnancy  
 #nonbinarypregnancy  
 #genderinclusion

**We are celebrating gender inclusion at BSUH Maternity**

trans and non-binary birthing people.

At BSUH we are **proud** to care for trans and non-binary (including agender, bigender and genderqueer) people as birthing parents and co-parents, and to celebrate and affirm their journeys to parenthood.

We acknowledge the **additional challenges** that gender identity can have on pregnancy, birth and infant feeding.

We recognise the importance of providing inclusive, respectful perinatal care to **all** pregnant women and people.

\*This launch is the culmination of many years' work. While we acknowledge that covid-19 and its impact is a key focus for all NHS services, including maternity, it is also important that we continue our daily work of striving for

**Brighton and Sussex Maternity**  
 @BSUH\_maternity

Our approach has been carefully considered to be inclusive of trans & non-binary birthing people without excluding the language of women or motherhood. For further info about our additive approach to inclusive language, please see our language guide [bit.ly/3tGYyfr](https://bit.ly/3tGYyfr)

4:04 PM · Feb 9, 2021

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A document on the trust's website lists new terms such as "breast/chestfeeding", "mothers and birthing parents" and "father or second biological parent".

Shay Brown, director of campaign group TransActaat, said: "It's absolutely wonderful."

Everyone is worthy of being treated with dignity when they access healthcare services no matter what they are," he said.

"Trying to control the language of others does transgender people no favours at all," said Dr Hayton, who describes herself as a transgender campaigner concerned about the "rights of other vulnerable groups".

"We should be living in society, not imposing upon it."

Analysis  
By Ben Hunte  
LGBT correspondent

The hospital is currently receiving a huge amount of backlash following several misleading news reports and lots of misinformation on social media.

On Twitter, some have called the changes "misogynistic" or "an erasure of women", and many have labelled them "ridiculous".

Hospitals NHS Trust is entirely replacing any language related to womanhood, this is not the case.

"We are taking a gender-additive approach to the language used to describe our services," a statement from the hospital explains.

language alongside the language of womanhood, in order to ensure that everyone is represented and included".

This move was supposed to promote inclusivity, and improve access for marginalised and disadvantaged groups.

him is so divisive, as "adding others should not subtract".

language we use in this way is something people who use our services have been asking for, for some time.

Our aim will always be to treat everyone who uses our services as an individual, providing care that is personal to them, that meets their needs and using language they are comfortable with."

In recent years, there has been strong debate on terms used to describe gender.

Author JK Rowling faced criticism for posting tweets in which she took issue with the phrase "people who menstruate"

She said in a blog that her interest in trans issues stemmed from being a